CULINARY INSTITUTE of Virginia

School of Culinary Arts
of ECPI University

Culinary Decathlon
Scholarship Competition
Sunday, January 13, 2013

Test your skills against the best while competing for scholarships to attend Culinary Institute of Virginia (CIV)! Up to 24 student finalists will have the opportunity to demonstrate their knowledge and techniques in ten different areas.

Scholarship Amounts

Scholarships will be awarded to the top six students as listed below:

PLACE	SCHOLARSHIP
1st	$15,000
2nd	$12,000
3rd	$9,000
4th	$7,000
5th	$5,000
6th	$3,000

Scholarships will be distributed evenly each semester over the length of the program. Scholarship awards can be applied only toward tuition and fees. Students must be enrolled and attending CIV prior to November 30, 2013.

Competition Rules

1. The competition is open to all 2013 graduating high school seniors.
2. All ingredients will be provided by CIV for the final competition. Participants cannot provide any of their own ingredients.
3. Students must provide their own knives.
4. The judging panel's decision is final.

Competition Time Line

Wednesday, December 19, 2012, 5:00 pm: Student Application Deadline

- Students may download contest applications from chefva.com, under High School Scholarships.
- Completed applications (including essay) should be emailed to eshapiro@chefva.com or mailed to the address located on the application.
- Early applications are welcomed.

Friday, December 21, 2012: Competition Finalists Announced

- Students selected as finalist will be notified via email address listed on competition application.

Sunday, January 13, 2013, 8:30 am: Competition Day

- Arrive by 8:30 am on January 13th for check in
- Competition starts at 9:00 am
- Award ceremony scheduled for 2:00 pm

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Competition Design:
The contestants in the culinary decathlon will be evaluated in 10 different areas broken down into three categories. These categories are:

Culinary Knowledge Assessment:
Competitors will answer a variety of questions based on basic culinary and sanitation skills.

Culinary Skills Demonstration:
Each competitor will produce the following items. Judging will be based on accuracy and consistency:

- Breaking down 1 chicken into legs, thighs, wings and boneless breast
- Producing 1 pint Veloute
- 12 each Brunoise Carrot
- 12 each Julienne Carrot
- 12 each Macedoine Carrot
- 6 each Tourne Potatoes

Presentation of Meal:
Each student will prepare two portions of chicken for a main course with appropriate accompaniments (vegetable, starch, garnish, sauce). Two plates will be presented, one for tasting, and one for presentation. A list of ingredients that will be available for use will be provided to all finalists.

Judging will be based on:

- Presentation of main course (good visual)
- Overall taste of main dish
- Balance of the meal (well thought-out, portion sizes, and texture)

Students will have a maximum of 2 hours to complete the *Culinary Skills Demonstration* and *Presentation of Meal* portions of the competition.

Judging Criteria
The judge's panel will consist of 3 judges. Judging will be based on the following areas:

- Written exam score.
- Sanitation and technical skills demonstrated by competitors.
- Completion and precision of all required products.
- Flavor, final presentation, and balance of plated meal.

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Student Name: _____

Student Phone Number:_____ **E-mail:**_____

High School	Graduation Year	Teacher/Counselor Signature	Teacher/Counselor Phone

Items to be Submitted with Application:

☐ **Completed and Signed Application**

☐ **Personal Essay:** Write an essay of no more than 500 words expressing why you feel culinary arts is the career field for you, and why you would choose the Culinary Institute of Virginia to help prepare you to enter the food service industry.

I, _____(PRINT NAME)_____, have read, understood and accept the rules, terms and conditions of entry in the *Senior Culinary Decathlon for High School Seniors* competition.

Print Name:_____

Student Signature: _____

Date: _____

Application Package must be submitted by 5pm, December 19, 2012

Early Applications Welcome

Please email completed application to
eshapiro@chefva.com or mail to:

Culinary Institute of Virginia
Culinary Decathlon Competition
2428 Almeda Avenue, Suite 106
Norfolk, VA 23513